



**For Immediate Release**

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Sergeant Ted Chang  
Antioch Police Department/Traffic Unit

**The Antioch Police Department Supports National Walk to School Day Oct. 6**

Antioch, Calif.—The Antioch Police Department encourages parents and students to join school-goers from around the country and make the trek to class on foot Oct. 6.

“Walk to School Day” is celebrated annually to highlight the benefits of exercise and practice pedestrian and road safety with classmates, families, and caregivers.

“Walking to school is a great way to not only stay active, but also practice safe walking behaviors. With many students returning to in-person instruction this year, ‘Walk to School Day’ is a valuable learning tool that benefits students at the start of the school year,” Sergeant Ted Chang said.

The APD Traffic Unit offers the following tips for children to incorporate into their walks:

- Be predictable. Use crosswalks.
- Walk on sidewalks, when available.
- Always look left-right-left before crossing the street. Make sure the driver sees you. Continue to scan for traffic as you cross the street.
- Do not walk or run into the path of a vehicle.
- Watch for cars entering/backing out of driveways or leaving parking spaces.

Drivers should be alert for more people walking to school the morning of Oct. 6 and be prepared to stop for children crossing the street. Drivers should always watch their speed and slow down in school zones.

Schools are encouraged to register at [walkbiketoschool.org](https://walkbiketoschool.org) as a way of tracking participation and showing support for active, healthy, and safe transportation.

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